

Dreaming the Impossible

Billie Ortiz

Since I've worked with dreams for many years, I often am asked many questions about dreams and dreaming. Here are two I wanted to share:

Why in our dreams can we do things that in real life we cannot? One of my favorite dream books is titled *Where People Fly and Water Runs Uphill*, written by longtime dreamworker, Dr. Jeremy Taylor. The title alone expresses the fantastic, implausible side to dreams. Taylor's main point throughout all his teachings is "all dreams come in the service of health and wholeness." Dreams in which we experience impossibilities such

as flying show us there are no true limitations – except the ones we place on ourselves. When impossibilities occur in the dream space, my experience is they are accompanied with a sensation of exhilaration and joy, a feeling of, "Why haven't I tried this before?"

Perhaps these dreams awaken our creative, intuitive self that feels trapped in waking life by the confines of accepted "normal" behavior. Most often, in order to fulfill our hopes and dreams, start a new business, learn to paint, write a novel, we need to know it is possible to go outside the boundaries of what is



familiar. When the dreams show us that anything's possible, even breaking the laws of physics, they allow us to experience such exhilaration and confidence; our soul-self prepares our ego-self for the experience in the outer world.

Why do things that we dream sometimes come true? It's my experience that when we enter the dream space, we enter a realm of higher consciousness that is outside of time. When we enter the dream space, our ego-self is no longer in charge. We return to our true nature, our soul-self, and therefore, we are open to a new perception that enables us to see certain events that are predetermined to happen. This does not mean that all events are predetermined, but I believe that certain events, perhaps life-changing events involving love relationships, life and death, and global impact are in fact predetermined and unchangeable.

There have been many famous accounts of prophetic dreams, most frequently involving earth-shattering events, such as assassinations of prominent figures. Shortly before he was assassinated, Abraham Lincoln dreamt that he heard subdued sobs, as if a number of people were weeping. He dreamt that he left his bed and roamed from room to room searching for the origin of the sobs. Finally, he reached the East Room where he saw soldiers stationed as guards around a corpse whose face was covered. Lincoln asked one of the soldiers, "Who is dead in the White House?" And the soldier replied, "The President."

Dreams contain countless treasures. They can boost our confidence and sense of adventure and sometimes even give us a glimpse into the future. When we learn to honor our dreams, the rewards are endless.




Billie Ortiz is an intuitive dreamworker who has recently completed a five-year dreamwork apprenticeship. Since 1997, through her extensive work in private and group sessions, she has helped scores of dreamers on the path to self-discovery through a better understanding of their dreams. Billie is sponsoring two Dreamwork Retreats with Jeremy Taylor in 2004. For more details, please turn to the calendar listings.

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